

## INTERDISCIPLINARY STUDIES

College of Social & Behavioral Sciences and Social Work

John L. Neace, Director | 300 Senior Hall | 509.359.2402 (Cheney)

BA

*Faculty:* varies according to degree program option.

### UNDERGRADUATE PROGRAMS

The Interdisciplinary Studies Program offers students degree programs which provide a broad background applicable to a variety of careers. The program has three options: liberal arts, prior learning and interdisciplinary studies.

**This program and its options are intended to serve:**

- students who prefer a broad liberal arts concentration (Liberal Arts);
- students who have acquired substantial specialized training and experience outside the academic classroom (Prior Learning);
- students who wish to complete an interdisciplinary option using two or three academic disciplines (Interdisciplinary).

### BACHELOR OF ARTS (BA)

#### STUDENT LEARNING OUTCOMES – STUDENTS WILL:

- possess the essential verbal and written communications skill to write and speak effectively in varied career environments;
- exercise critical thinking in order to adequately problem solve in any venue;
- be technologically literate to adapt to ever changing software programs;
- acquire research skills necessary for post baccalaureate educational endeavors;
- be informed on contemporary global issues and how they affect their lives;
- be prepared for career success, mobility and adaptability.

**Required courses in the following programs of study may have prerequisites. Reference the course description section for clarification.**

### COURSE BY COURSE EVALUATION

The **Course by Course** Evaluation process is available for currently enrolled students, seeking to have their out-of-classroom learning evaluated by an academic department for specific course equivalency. The faculty establishes the evaluation criteria in order to determine the students learning which must be comparable to the content of the Eastern course being challenged. All challenges must be approved by the department chair. For more specific information contact the Department of Interdisciplinary Studies.

### INTERDISCIPLINARY STUDIES: LIBERAL ARTS (60 CREDITS)

The Liberal Arts option is designed to give students a breadth of academic experience to enrich their lives and broaden their understanding of the human experience. Students participating in this program complete 60 upper division credits from the following three categories: Humanities, Sciences and Social Sciences. A 20/20/20 credit combination must be completed in these three breadth areas. These categories parallel the **GECS** but are broader categories and are not restricted to those particular departments and courses. These courses must be completed in addition to Eastern Washington University's **GECS** requirement. Final approval of the degree plan is required by the director of Interdisciplinary Studies.

**Total credits for above major**

**60 credits**

*Note:* two years of a single high school foreign language or one year of a single college level foreign language is required.

### INTERDISCIPLINARY STUDIES: PRIOR LEARNING (60 CREDITS)

This program is designed for the adult who comes to Eastern with professional or paraprofessional preparation and experience. Students design a 60-credit, upper-division emphasis that meets their specific goals and objectives. Specific courses are not required other than the Portfolio Development course (ITDS 300). This course enables the adult learner to translate experiential learning into elective credit through the development of a portfolio. Portfolios are submitted to faculty members who determine the credit award. A student may earn up to 45 elective credits for prior learning experience that can be applied only to the Interdisciplinary Studies degree. Portfolio assessment does require a fee: please contact the Department of Interdisciplinary Studies for current fee.

**Total credits for above major**

**60 credits**

*Note:* two years of a single high school foreign language or one year of a single college level foreign language is required.

### INTERDISCIPLINARY STUDIES (60 CREDITS)

This option is for students who prefer an interdisciplinary option, combining 60 upper division credits from two or three academic departments, programs or certificates. Interdisciplinary Studies students follow the guidance of department chairs to design their courses in an area that an existing major does not accommodate. Pre-approval is required from departments or program directors and the Interdisciplinary Studies director.

**Total credits for above major**

**60 credits**

*Note:* two years of a single high school foreign language or one year of a single college level foreign language is required.

## INTERDISCIPLINARY STUDIES: ADDICTION STUDIES (61–66)

This program provides students with the coursework necessary to become certified as a Chemical Dependency Professional in the State of Washington.

The addiction field offers an excellent chance for graduates to make a significant impact on people's lives to move toward healthy life styles. This degree will provide students with a theoretical knowledge and practical skills for working with people suffering from various chemical and process addictions.

### Courses are prepared to provide students with:

- knowledge to understand addictions and approaches to intervention, including assessment, treatment, relapse prevention, and case management;
- individual and group counseling skills and techniques;
- the tools to explore specific needs of individuals and groups including, women, youth, the elderly, adult children of alcoholics, people with concurrent disorders or other disabilities and people with process addictions.

### Requirements:

- ADST 300 Survey of Alcohol/Drug Problems (4)
- ADST 302 Alcohol/Drug Counseling Techniques (3)
- ADST 303 Counseling in the Age of AIDS and Selected Pathogens (2)
- ADST 308 Cultural Diversity and Chemical Dependency (2)
- ADST 410 Community Prevention Methods (4)
- ADST 412 Physiology and Pharmacology for Addictions (4)
- ADST 420 Alcohol/Drug Case Management (4)
- ADST 430 Alcohol/Drug Family Counseling (3)
- ADST 440 Alcohol/Drug Group Counseling (3)
- ADST 442 Screening and Assessment for Co-Occurring Disorders (3)
- ADST 460 Chemical Dependency Ethics and the Law (4)
- ADST 462 Alcohol/Drug Youth Chemical Dependency Counseling, Screening and Assessment (3)
- ADST 464 Alcohol/Drug Relapse Prevention (2)

**Practicum Placement is available for students who are not currently working in addiction treatment.**

### Optional:

- ADST 385 Practicum I (2)
- ADST 450 Practicum Seminar (1)
- ADST 485 Practicum II (2)

**Students must complete a minimum of 20 additional upper division credits in a single approved subject area that is complementary to Addiction Studies.**

**\*One course each in Abnormal Psychology and Human Development are also required for state certification.**

### Additional requirements for Interdisciplinary Studies Bachelor of Arts:

- two years of a single high school foreign language or one year of a single college level foreign language is required;
- approved Senior Capstone.

<i>Required program credits:</i>	<b>41 credits</b>
<i>Required additional upper division credits:</i>	<b>20 credits</b>
<i>Minimum total credits for above major:</i>	<b>61 credits</b>

## INTERDISCIPLINARY STUDIES: PHILOSOPHICAL STUDIES (60 CREDITS)

*Note:* two years of a single high school foreign language or one year of a single college level foreign language is required.

### Required Courses (30 credits)

- PHIL 301 Introduction to Formal Logic (5)
- PHIL 320 History of Ancient Western Philosophy (5)
- PHIL 321 History of Modern Western Philosophy (5)
- PHIL 322 History of Contemporary Western Philosophy (5)

Students must also complete at least **two 400 level philosophy classes** that are listed in the catalog. These two classes must combine for at least 10 credits.

### Capstone Requirement (4–5 credits)

All students must complete either ITGS 400 or any Senior Capstone class with their advisor's approval.

### Interdisciplinary Stream Electives (26–30 credits)

Students must complete at least 26–30 additional upper division credits from the classes designated in their respective stream. Students may count relevant classes not listed in the streams, including transfer credits, with their advisor's approval. The courses in each of the three streams are listed below.

<i>Required philosophy credits</i>	<b>30 credits</b>
<i>Required senior capstone credits</i>	<b>4–5 credits</b>
<i>Elective credits</i>	<b>26–30 credits</b>
<i>Minimum credits for above major</i>	<b>60 credits</b>

## MAJOR IN INTERDISCIPLINARY STUDIES LEADING TO A MASTER OF OCCUPATIONAL THERAPY (MOT)

The Advanced Standing Master of Occupational Therapy program will allow a student to complete the requirements for an undergraduate degree while enrolled in courses required for the first year of the professional Occupational Therapy program. The student begins the occupational therapy track in the senior year, earns a Bachelor of Arts degree in Interdisciplinary Studies and applies to the Advanced Standing MOT program, which can be completed over the next one and half years. This program will introduce occupational therapy to undergraduate students early in their career development.

### Admission to Combined Bachelor's and Master of Occupational Therapy Program

The student first meets with the Admissions Coordinator of the Occupational Therapy Department for review of prerequisites, the course of study and a discussion of occupational therapy as a profession. A student pursuing a BA in Interdisciplinary Studies will be referred to the director of Interdisciplinary Studies for formal application.

Students interested in working toward a combined Bachelor's and Master of Occupational Therapy should contact Carrie Walker, Admissions Coordinator, Department of Occupational Therapy, Eastern Washington University, 310 N. Riverpoint Blvd., Box R, Spokane WA 99202-1675 or call 509.368.6560 or contact [CWALKER@EWU.EDU](mailto:CWALKER@EWU.EDU).

Students interested in the Bachelor of Arts in Interdisciplinary Studies major are encouraged to meet with an advisor from the Department of Occupational Therapy during the sophomore year and no later than the spring of the junior year. During the first three years of the Interdisciplinary Studies major with an emphasis in Occupational Therapy, the student develops a course of study to address his or her interests, as well as meet university and interdisciplinary studies' major requirements. Additionally, during this time, the student fulfills the prerequisite requirements for the Advanced Standing MOT.

Students who require advising in the Interdisciplinary Studies major with an emphasis in Occupational Therapy should contact John Neace, Director, Interdisciplinary Studies, 300 Senior Hall, Cheney, WA, 99004-2414 or call 509.359.2402 or [JNEACE@EWU.EDU](mailto:JNEACE@EWU.EDU).

Admission into the occupational therapy track is offered only one time per year with students beginning the program summer quarter. A personal interview may be required for admission into the occupational therapy track. The deadline for applications is the February 1 prior to the expected summer quarter admission. The department admission committee will review and evaluate all applicants' admission materials and prerequisites. Check with the department for exact admission deadlines: 509.368.6560.

### Occupational Therapy Track Admission Criteria

- Completion of 122 or more undergraduate credits and all general education requirements for EWU.
- Completion of all prerequisite courses for application to the occupational therapy track. All of the prerequisite courses must be completed prior to admission into the occupational therapy track.
- Numbers in parentheses indicate the number of quarter credits required.

### Additional Requirements

The admissions process in occupational therapy is highly competitive. The requirements listed below are the minimum acceptable requirements to apply to the program and are not indicative of the competitive range of students generally accepted into the program. The following are the minimum acceptable requirements:

1. minimum cumulative GPA of 3.0 in the last 60 graded quarter hours;
2. minimum cumulative GPA of 3.0 of all prerequisite courses with no course under a 2.5.

### During the senior year, the student begins a series of required courses listed below.

Students enrolled in the occupational therapy track must complete the schedule of courses in the MOT curriculum toward completion of a BA in Interdisciplinary Studies.

*Note:* see Occupational Therapy for the list of courses.

*Note:* A student may elect to discontinue the occupational therapy track and decide not to pursue the Master of Occupational Therapy. The student may complete the remaining 180 credits toward graduation in courses outside the occupational therapy curriculum and meet the graduation requirements for a Bachelor of Arts in Interdisciplinary Studies.

## Interdisciplinary Study Courses

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*Terms offered:* fall, winter, spring, summer (FWSU). If no terms are indicated check with the department or EagleNET.

**ITDS 201 Portfolio Assessment (1-45)**  
*Graded Pass/No Credit.*

Experiential learning credit transcribed from Eastern Washington University faculty Portfolio Assessment.

**ITDS 295 Contracted Learning (1-15) FWSU**

**ITDS 300 Portfolio Development (4) FWS**  
*Graded Pass/No Credit.*

*Prerequisite:* permission of the instructor.

Significant prior learning is documented for evaluation and awarded elective academic credit.:

**ITDS 397 Workshops, Short Courses, Conferences (1-15) FWSU**

**ITDS 399 Directed Study (1-18) FWSU**

*Prerequisite:* permission of the instructor, department chair and college dean.

**ITDS 497 Workshops, Short Courses, Conferences (1-15) FWSU**

