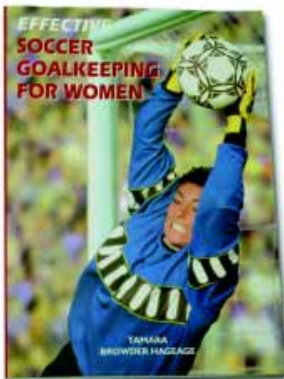


Sights & Sounds

New Soccer Book

The book *Effective Soccer Goalkeeping for Women*, is a great resource for soccer coaches and athletes. It covers mental toughness, the responsibility of the coach, communication as a goalkeeper, technique adjustments, training sessions, as well as exercises for improving footwork, catching, diving, reactions, one vs. one, crosses and more. The 100 page book can be ordered on-line at amazon.com or www.coacheschoice.com

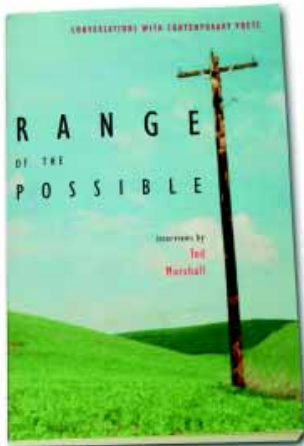
Tamara Browder Hageage is the current assistant coach and goalkeeper coach for soccer at EWU. In addition she is the athletic academic advisor. Outside of EWU she is the co-coaching director for the River City Steelers Soccer Club and director of development for the Spokane Valley Youth Soccer Association. Tamara has 14 years coaching experience at all levels.



a goalkeeper. These are skills that can never be measured by physical size or strength, but by the size of the goalkeeper's heart and desire. These are skills that can always be improved."

Range of the Possible

In this new EWU Press book by Tod Marshall (MFA, '92), 20 modern poets are interviewed about their work, the world and life in general. The result is a very readable collection of thoughts by



poets who were born between 1941 and 1959 and who were thus affected by events as long ago as World War II and as recent as the dissolution of the Soviet Union.

Tod Marshall's interviews, essays and poetry have been widely published. He received his MFA degree from EWU and his Ph.D. from the University of Kansas. He lives in Spokane and teaches at Gonzaga University.

Range of the

Possible is available at the EWU Bookstore and through the EWU Press, 705 W. 1st Avenue, Spokane WA 99201; (509) 623-4286

Excerpt from Range of the Possible

"In this collection, I have chosen a list of poets that seem to me representative of a "range of what's possible" in contemporary American poetry. Borrowed from the interview with Brenda Hillman, my title phrase speaks to one of the primary strengths of American poetry, a strength that is directly connected to the multiple energies fueling the artistic practices. Again and again, these interviewees speak to a nonpartisan vibrancy, an enthusiastic call to the art that generally invites pluralistic traditions, numerous practices, multiple approaches. I find such expressions invigorating and encouraging."

Canvas Wings and California Palms

Eastern alum Joseph I. Middlesworth (business, '71) has written two books of poetry, *Canvas Wings* and *California Palms*. Middlesworth is a retired Army helicopter pilot and a private network consultant for Microsoft and Novell systems. When he isn't working or writing poetry, he can be found sailing in the Pacific near his home town of San

Clemente, Calif.

The books are available by contacting Middlesworth at (949) 369-6524.

Excerpt from Canvas Wings

PARALLAX

In the cool, late Fall,
just before noon,
they glimpse the
silver moon.
There's tea prior to
last breakfast call.

In the thick, brown heat
alight black flies
'round desperate,
vacant eyes.
If but the custard moon
they could eat.

Wired for Success

This heavily illustrated book is a story of technology, people and commerce, all revolving around the historic Butte, Anaconda & Pacific Railway. Beginning in 1892 and until its demise in 1985, the train hauled vast amounts of copper ore from Butte Hill, Montana, westward to smelters in Anaconda — a distance of 26 miles.

Charles Mutschler, Eastern's university archivist, presents the history of this money-making enterprise, discussing a range of topics — from hard rock mining to the growth of highways in his fascinating look at a railway and its essential role in the development of electric railroads in the United States.

The book is available from the Washington State University Press.

Excerpt from Wired for Success.

"At the end of World War II, mining and railroad industries underwent profound changes. Steam locomotives vanished from most of the nation's railroad system by 1960. Diesel-electrics, which rendered steam obsolete, replaced electric traction in heavy freight service as well. Domestic mining and metal production became less lucrative than overseas sources, and U.S. mining companies either closed mines or adapted new technologies to reduce operating expenses. New technologies changed the way mining and railroading were conducted. The BA&P was itself transformed, leading to its demise and subsequent reincarnation as the Rarus Railway in 1985."

