

2000–2004

'04 **Lauren C. Griswold**, B.S. journalism, was recently hired as community relations coordinator of the New Britain Rockcats, who are affiliated with the Minnesota Twins sports organization. She lives in New Britain, Conn.

'04 **Cara Lorello**, B.A. English, began work in December as a reporter with the *Cheney Free Press*.

'03 **Makayla Patrick**, B.A. journalism, also is a reporter with the *Cheney Free Press*.

'04 **Jeremy Lokken**, B.A. electronic media and filmic arts, had his senior project film, *Monster*, selected to screen at four juried film festivals, including Mississippi's 8th annual Magnolia Independent Film Festival, the Fargo '05 Film Festival and the Cross Roads Film Festival in Mississippi (where it won Best Animation). The entry fees for these three festivals were paid through awards from Eastern's David K. Terwische Memorial Fund. Jeremy lives in Coeur d'Alene.

'04 **Amanda Miseivitch**, B.A. electronic media and filmic arts, entered her film, *The New Girl*, at the 2005 Forx Film Fest 2005 in Grand Forks, N.D., where it won Best Student Film.

'03 **Mary Cook**, B.F.A. studio art, is an artist from Pomeroy, Wash., whose pottery and other works are being entered in numerous juried shows, including one in Argentina. She works summers as a U.S. Forest Service employee in the Pomeroy Ranger District.

'03 **Kelly Sanders**, B.A. history, was promoted to 1st lieutenant in the Army. The Bothell resident has been stationed in Iraq since summer 2004.

'02 **Max Mendez**, B.A. music, is music director at Spokane's Our Lady of Lourdes Cathedral. He is chorus master of Opera Plus in Coeur d'Alene and has performed in various regional opera productions.

'02 **Jason Jess**, B.A.B. accounting, works as shareholder services coordinator at Sterling Financial Corporation in Spokane.

'01 **Terri K. Benner**, B.S. athletic training, works in orthopedic surgery in McMinnville, Oregon. She earned a master's in physician assistant studies from Pacific University in 2004.

'00 **Mary Carlson**, B.S. geology, who only began mountain bike racing four years ago, is national champion in the NORBA National Mountain Bike Series for Expert Women, ages 25-29, after a series of races last year.

The Spokane resident is the only racer from Washington on the Mountain Bike Chick team.

'00 **Joe Braunstein**, B.A.E. physical education, teaches physical education at Our Lady of Lourdes School in Vancouver, Wash., where his wife '99 **Jaiann**, B.A. nursing, is an RN at Southwest Washington Medical Center. They live with their three children in nearby Ridgefield and bring the whole family to Eagles football games each year.

'90s

'99 **Shawn M. Kelly**, B.A.E. music and B.A. music composition, is a published composer whose works have been performed by the Spokane Symphony and the Celtic Nots. He teaches piano, theory, violin and guitar in Spokane.

'99 **Christopher M. Valley**, B.S. human biology, received a doctorate in naturopathic medicine from the National College of Naturopathic Medicine in Portland in 2004 and is in general family practice in Spokane specializing in diabetes, obesity, cardiovascular management and physical and sports medicine.

'99 **Amy Moss**, B.A.E. reading, recently completed a master's degree in technology in the curriculum and teaches third grade at Pearson Elementary School in Bremerton, Wash.

'98 **Anjel O. Luna Jr.**, B.F.A. studio art, was recently hired as an art faculty member teaching ceramics and art history at Arizona Western College in Yuma.

'98 **Darin Kamstra**, B.M. music and B.A. music, has been appointed director of jazz studies and percussion at Mesa State College at Grand Junction, Colo. He is also timpanist with the Greely Philharmonic Orchestra.

'98 **Alan Hale**, B.A. education-physical education, was promoted to junior varsity line coach at Allen High School in Allen, Texas, from the middle school level. Alan, who lives in nearby McKinney, is one of 17 coaches responsible for more than 200 football players in grades 10-12.

'98 & '99 **Andrea (Sinclair) Lutchendorf**, B.M. music and M.A. music-vocal performance, teaches voice at Gonzaga University in Spokane.

'97 **Manuel Soto**, B.S. human biology, is a geriatric clinical specialist who recently started a private practice, Manuel Soto Physical Therapy and Wellness, in Escondido, Calif.

'96 **Tony Lenseigne**, B.S. technology, has been a firefighter in Seattle since 2000. He played professional football (in San Diego, Seattle and Minnesota) before an injury ended his NFL career. He also operates a horse ranch in Ellensburg.

'95 **David Lamb**, B.A.E. earth science, and his wife '94 **Stephanie**, B.A.E. reading, live in Las Vegas, where David is children's director at Hope Baptist Church.

'95 **Douglas Saar**, B.A.B. accounting, was recently named shareholder in the law office of Skinner & Saar in Oak Harbor, Wash., where he and his wife '98 & '03 **Tara**, B.A. education and M.A. special education, live with their two children.

'94 **Vincent Miller**, B.S. physical education, is a medical doctor and anesthesiology resident at the University of Pittsburgh.

'94 & '95 **James Jewell**, B.A. history and M.A. history, teaches U.S. history at North Idaho College in Coeur d'Alene.

'94 **Craig Sides**, B.S. mechanical engineering technology, is a senior information technology specialist for Weyerhaeuser. He and his wife Jodi live in Bothell, Wash., and own The Little Gym of Everett, where he teaches balance beam to young children.

'93 **Jacqueline Almdale**, B.A. English, is an academic advisor for Washington State University's Distance Degree Programs, advising nearly 600 students scattered across the globe – aboard mine sweepers in the Persian Gulf to remote locations in Alaska. She honed her working skills with nontraditional students at Eastern as program coordinator with the H.O.M.E. Program, 1990-93.

'93 **Stephen M. Poff**, M.S.W., continues his work as a social worker with the Department of Social and Health Services and as a field representative with the Census Bureau in Ellensburg. He recently published an article and poem about the racehorse Seattle Slew.

'92 & '99 **Barb Richey**, B.A. applied psychology and M.S. communications, was named this winter as the newest board member for the Spokane Teachers Credit Union. Barb is director of University Relations at Eastern.

'91 **Alan Plummer**, B.A.E. social work, has been teaching and coaching at the Northshore School District for 11 years. He and wife Stella live in Mill Creek, Wash., and continue to keep up with Eagle athletics, not missing a Homecoming football game since graduation!

Class Notes

'91 **Kathy Ruthven**, B.A.E. English, is a teacher/counselor with Walla Walla Catholic Schools; she earned a master's degree in curriculum and instruction from Walla Walla College in 2000. Her husband '89 **Steve**, B.A.B. economics, is executive vice president/commercial loan officer at Baker Boyer Bank.

'91 **Joe Faulkner**, M.B.A., lives in Spring, Texas, where he works for a NASA contractor responsible for operating the space shuttle program. He has applied for a job transfer to Lockheed Martin's Space System Company in Littleton, Colo.

'90 **Brett Ren**, B.A.B. business administration, is a systems programmer, and wife '90 **Kim (Bowers) Ren**, B.A.B. business administration, is a senior business systems analyst, both with Sprint in Olathe, Kansas.

'90 & '92 & '98 **Vance Youmans**, B.A. history, M.A. history and B.A.E. social science, received his second Exceptional Faculty Award from Spokane Falls Community College in 2004 and was also named SFCC's Alumnus of the Year. An SFCC faculty member, he has twice been named to Who's Who Among America's Teachers.

'90 **Craig Hunt**, B.S. food and nutrition/dietetics, is in his 11th year as a private practice dietician in Spokane.

'80s

'89 **Suzanne D. Lonn**, M.A. English, had her first novel, *The Game of Hearts*, published last year. It is the story of an adoptee's identity search. Suzanne retired from teaching English at Valley Christian School in Spokane Valley and is working on a second novel.

'88 **Cal FitzSimmons**, B.A. journalism, has been named editor of the *Daily News* in Longview, Wash. Previously, he was editor of the *Missoulian* in Montana and Sunday editor at the *Tri-City Herald* in Kennewick.

'88 **Ellie Chambers**, B.A.B. business administration, last fall became director of economic development for the city of Puyallup, Wash. She had been economic development director for Avista Corporation in Spokane for 13 years previously.

'88 **Karrin Dobbe**, B.A. mathematics and economics, owns Achieving Math, a math tutoring and educational supplies company in Bellevue.

'86 **Bob Stowe**, B.A. urban and regional planning, was hired last fall as city manager of

Bothell, Wash. He had been city manager at Mill Creek.

'86 **Lisa Neumann**, B.A. communication disorders, is the new director of Edmonds Community College's Center for Families, which provides services for families and children. She was previously an instructor at Everett Community College and chair of the Early Childhood Education Department there.

'85 & '87 **Bradley J. Cardinal**, B.A.E. physical education and M.S. college instruction, received the 2005 College and University Professor of the Year Award from the Northwest District of the American Alliance for Health, Physical Education, Recreation and Dance. Brad, an associate professor in the Oregon State University Department of Exercise and Sport Science, was the inaugural director of The Body Shop at Eastern, 1987-90.

'85 **Stephanie Williams-Bremgartner**, B.A. communication disorders, has worked for the past 18 years as a speech pathologist. She and husband Larry enjoy traveling from their home in Winlock, Wash., in their 1956 hardtop Chevy to car shows and the family cabin at Priest Lake, Idaho.

'84 **Julie Grazian**, B.A. marketing, a resident of Coronado, Calif., has been elected to the Coronado Unified School District board of directors.

'83 **Doug Kelley**, B.A. recreation administration, is a regional account executive with Avista Utilities in Spokane. He serves as president of the EWU Alumni Association board and as a member of the EWU Foundation Board in addition to such other community services as legislative chair-Spokane Regional Sports Commission, chair-Spokane County Planning Commission and past chair-Spokane Valley Chamber of Commerce. He is married to '02 **Kim**, B.A. interdisciplinary studies.

'82 & '84 **Marita (Brown) Cardinal**, B.A. theatre and M.A. interdisciplinary studies, has been promoted to full professor in the College of Education at Western Oregon University, where she teaches dance and physical education pedagogy.

'82 **Robert Mull**, M.A. history, recently was named to Who's Who in America. In 1996 he received the EWU Alumni Achievement Award and in 1991 received the EWU History Department Alumni Award. He lives in Seattle.



'83 **Connie (France) Patty**, B.A. education, lives in Frydlant in the Czech Republic. She and husband Dave have been working with teenagers through the Josiah Venture, a Christian ministry, in the Czech Republic since 1993 and are parents of Tyler, Caleb and Claire, "who are American passport holders but world citizens."

While at Eastern, she spent a lot of time at the Music Department, where she credits Ralph Manzo, the late emeritus professor of music, with giving her life-changing advice. "Some of his words to me, spoken with great Italian fervor, like he always did, were 'Don't shrink back from the gifts you've been given. They may lead

you to places that you never expected, and you shouldn't be afraid of that. Use them fully and enjoy every moment.'

"When I had the chance to travel to Germany with the Malachi Singers in 1984, the music and drama team I would spend two years with, I remembered his words and took them to heart, fully embracing the opportunity. I thought I was going to be a teacher in the United States, but I ended up moving to Europe to work with young people in ministry."

She met Denver native Dave, who was director of Malachi Ministries at the time, when she was teaching in Spain, and they married in Germany in 1987.

"I'm so glad Doc Manzo planted that seed in my heart to not be afraid of where my gifts would lead me!"

'82 Nada Morse, B.A.E. reading and certificate, has retired from teaching after a career in Spokane Schools and in the Borough School District in Barrow, Alaska, where she worked with Eskimo children. She is living in Spokane.

'82 William Russell, B.A. management, assumed the post of administrator of Ritzville's East Adams Rural Hospital this winter, serving previously as chief executive officer at Riverton Memorial Hospital in Wyoming.

'80 Doug Veysey, B.A. physical education, received the Oregon Business Management Educators Teacher of the Year Award last fall. He and his wife **'81 Twila**, M.Ed., live in Myrtle Point, Oregon, where he teaches business classes and she is director of the CASA program in Coos County.

'80 Jay Manning, B.A. government, was appointed director of the Washington Department of Ecology this winter by Gov. Christine Gregoire. A former assistant attorney general, he represented that department for 15 years.

'70s

'79 Cam Hershaw, B.A. government, was hired this winter as chief of Washington's Washougal Police Department. He had been a police captain in Moscow, Idaho, for nine years previously.

'79 Ted Schinzel, B.A. personnel management, is acting district director of the U.S. Small Business Administration in Spokane.

'79 Kern Gillette, M.B.A. business administration, last fall became vice president for finance and administration with Brown and Cole retail grocery company in Bellingham, Wash. A member of the EWU Foundation Board, he is the former CEO of Cinnabon and Molbak's, a nursery and garden center.

'78 Rick Becker, B.A. physical education, is the nation's best cross-country runner over age 50. Now the National Masters Cross-Country champion (age 50+), he won his age division (by a 23-second margin) in the USA Track and Field National Masters in Portland in December, beating two 1980 Olympians in the process. Rick, the track and cross-country coach at Selah High School, was a track and cross-country All American while a student at Eastern.

'78 Michael Bento, B.A. music, was selected as 2004 Teacher of the Year in the Kent School District, where he has worked for 18 years.

He lives in Seattle with wife Lori and their two children and plays steel pan professionally with Pan Duo, a Seattle-based steel band.

'77 Mark Kulaas, B.A. urban and regional planning, a land services director for Washington's Douglas County, is a member of the Wenatchee City Council.

'77 Larry P. Snider, B.A. radio-TV, is director of programming at Morris Communications seven-station radio cluster in Palm Springs, Calif. He was transferred there from Anchorage.

'75 Leona M. Groesbeck, B.S. dental hygiene, is serving as president of the Mount Baker Dental Hygienists Association. She lives in Bellingham.

'74 Maureen (Lynch) Sturdevant, B.A. child development, is director of market planning for Rockhurst University's Continuing Education Center. She lives in Prairie Village, Kansas.

'74 Sally Kaatz, B.A.E. Spanish, has been teaching for nearly 30 years, currently in the Ephrata School District. Her husband **'81 Gary**, M.A. school administration, is retired.

'74 Charles D. Anderson, B.A. radio-TV, is semi-retired in Fountain Hills, Arizona, after a 25-year career in sales and casino work in Las Vegas.

'73 Tim R. Lindsey, B.S. geology, has been named senior vice president of exploration with the Houston Exploration Company, the Texas independent natural gas and crude oil-producing company.

'73 John E. "Jack" Sheehan, B.A. psychology and M.A. English, continues to live in Las Vegas and is the author of 11 books, the most recent being *Skin City: Uncovering the Las Vegas Adult Industry* (Harper Collins 2005) and *Embedded Balls: Peter Jacobsen's Life on the PGA and Champions Tour* (Putnam, scheduled for release this August). Some of his other books include *The Players: The Men Who Made Las Vegas Famous* and *Chicken Soup for the Golfer's Soul*.

'73 Wayne Varnes, B.A. geography, retired from the Colfax Police Department after 25 years of service. He and his wife **'73 Jan (Berry) Varnes**, B.A.E. speech communication, continue to live in Colfax.

'73 Susan Hollinsworth, B.A. biology, serves on the board of directors for the Washington State Dental Association and on the Dean's Club board of directors for the University of Washington School of Dentistry. She is a dentist in Kent, Wash.

'73 Marie Snyder, M.A. marketing education, and her husband Les received the Washington State Grange's Grange Leader of the Year Award this past fall. Residents of Washtucna, they have been members of the Ralston Grange for more than 50 years. She taught for many years before earning her master's degree at Eastern.

'73 Mark R. Lobdell, B.A. general business, now serves as senior vice president-financial advisor at Morgan Stanley in Benicia, Calif.

'72 & '74 Frederick J. "Joe" Emehiser, B.A. recreation and leisure services and M.Ed. physical education, works for Georgia Parks and Recreation in Columbus and is director of the Ft. Benning American Red Cross Station. He retired in 1997 from the U.S. Army as a lieutenant colonel. He lives in Smith, Ala., just across the Georgia state line.

'71 & '74 R.D. "Curly" Rousseau, B.A. management and B.A. business education, ranks as one of Eastern's most engaged volunteers. He has been president of the Eagle Athletic Association and member of the executive board of the EWU Foundation since June 2002 and is an ever-present and willing volunteer, donating at least 15 hours of service to his alma mater each week.

'71 Stephen M. Ames, B.S. biology, retired after 25 years as Walla Walla County coroner. He and his wife Ann continue to live in Touchet, Wash., and have plans for extensive travel.

'70 & '77 Clint Kruiswyk, B.S. physical education and M.A. instructional communication, is the retired director of technology services at Educational Service District 101 in Spokane. He is now RSVP director at the YMCA of the Inland Northwest.

'60s

'69 Rick Allen, B.A. journalism, who serves as president of United Way of Pierce County, has been selected president of United Ways of Washington, overseeing the 22 United Ways in the state.

'69 Wayne T. Smith, B.A. general business, retired after a 33-year career (1971-2004) as a special agent with the FBI. He lives in Pacific Palisades, Calif.

'67 Bert N. Lomax, B.A. government, retired from the Export-Import Bank of the U.S. after 36 years of service. He and his wife Elaine continue living in Bethesda, Md., and enjoy sailing on Chesapeake Bay.

'65 Joanne Morgan, B.A.E. physical education, a third grade teacher at Reid Elementary School in Cheney, was selected Educator of the Year K-6 in the Cheney School District by the West Plains Chamber of Commerce.

'65 Vi Martin, B.A. physical education, is the retired executive director of Campfire USA-Inland Northwest Council.

'61 Paul Hooper, B.A. government, is a retired faculty member from the University of Hawaii American Studies Department, and continues to reside in Honolulu with his wife **'60 Gloria**, B.A. education, who retired after 30 years of teaching from her position as professor of English and chair of the Honolulu Community College Division of Language Arts. They would love to hear from fellow alumni!

'50s _ _ _ _ _

'53 Bernice (Fox) Cook, B.A. education, is a retired teacher living in Port Angeles, where she is active with the Port Angeles Garden Club.

'30s _ _ _ _ _

'30 Marie (Mickelsen) Buckley, B.A. music, lives in Seattle near her nine grandchildren and five great-grandchildren. Her husband **'39 Dale L. Buckley**,

B.A. industrial technology, died in 2000. He had been associate superintendent of Seattle Schools and served as interim assistant state superintendent.

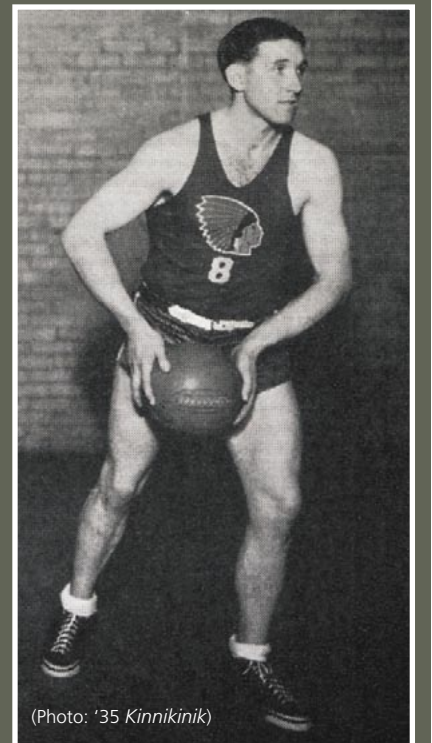
'20s _ _ _ _ _

'29 Ilene Adams, certificate, who returned to college to earn a B.A.E. in education in 1969, resides in Olympia after retiring in 1974 from a career teaching in Alaska schools. She still visits Alaska several times a year.

'35 Rolland Helton, B.A. education, recently celebrated his 94th birthday in Davenport, Wash. Rolland is likely Eastern's oldest living varsity basketball player. He could really jump, his stepson Gene Egbert states, and although he stands just 5-foot 11-inches, he jumped center. "It was his long arms and big hands that let him go up against the 6-11 guys," Gene says.

Rolland saw a lot of action because back in his playing days, after every basket was scored, ball control was fought for with a jump ball at center court. He won the Scarlet Arrow Trophy in 1935 for "furnishing the most inspiration to his teammates during the basketball season." Rolland taught school in Grand Coulee and farmed in Hartline before retiring in the late 1960s.

If there are any Eastern athletes who played with Rolland who'd like to get in touch, please contact perspective@mail.ewu.edu.



(Photo: '35 Kinnikinik)