

## WHAT IS RUNNING START?

Running Start offers eligible juniors and seniors in local public high schools the opportunity to enroll in courses at Eastern Washington University (EWU). Created by the Washington State Legislature, the Running Start Program encourages academically motivated and qualified public high school students to take college courses as part of their high school education.

Eligible students may supplement their high school curriculum with one or two courses or take all of their classes at EWU – up to 18 credits per quarter. Running Start students earn both high school and college credit for the college-level classes they successfully complete. Tuition for Running Start is paid by the student's school district.

## WHY RUNNING START?

A number of advantages are enjoyed by high school students who are academically and emotionally ready for Running Start:

- **FREE TUITION** - Earn up to two years of tuition-free college credit while finishing high school. A maximum of 18 credits may be funded per quarter. Running Start is offered in fall, winter and spring quarters.
- **ADVANCED COURSE WORK** - Enjoy the opportunity to select from a greater variety of advanced courses than are typically available at the high school level.
- **ADULT EDUCATIONAL SETTING** - Flourish in an advanced educational setting where a variety of academic interests may be met.
- **FLEXIBILITY** - Adapt class schedules to your personal needs.
- **CREDITS** - Earn high school and college credits concurrently. One five-credit class at EWU is equivalent to one high school credit.

## AM I ELIGIBLE?

High school students who meet the following criteria are eligible for Running Start at Eastern Washington University.

- Under age 21 at the beginning of the school year
- Residing within the high school district or allowed by law to enroll in the district where you are seeking Running Start high school credit
- In 11th or 12th grade by the first quarter of Running Start (grade status is determined by the high school).
- To be fully admitted into Running Start, you must achieve a cumulative GPA of at least 3.25 **or** qualify for a 25 on the EWU Admissions Index (see Running Start website under eligibility for Admissions Index chart).



## FAQs

- Q.** How is junior/senior standing determined?
- A.** The public school district establishes junior/senior standing. Any criteria used to establish grade placement must be applied uniformly to all students.
- Q.** Can private and homeschooled students enroll in Running Start?
- A.** Yes. Students must enroll through their local public school district but do not have to attend classes in the public high school in order to participate in Running Start. Students must also obtain junior/senior standing from the public high school, according to established grade placement criteria. Public schools may also consider age appropriateness, credits, prior learning or standardized achievement test results.
- Q.** Do Running Start students need to meet the new graduation requirements, including the cumulating project and high school plus education plan?
- A.** Yes, otherwise the student does not qualify for a high school diploma.
- Q.** May a Running Start student be enrolled full time at the University and also enroll in classes at the high school?
- A.** Yes. This arrangement requires close counseling and agreements by both institutions.
- Q.** Are all grades and classes taken at the University reflected on the high school transcript?
- A.** Yes. A copy of the student's quarter transcript with grades will be sent to the high school counselor to be recorded on the student's high school transcript.
- Q.** Can a public high school in Washington deny Running Start participation to eligible students?
- A.** No, not if the student meets eligibility requirements.

GET A **RUNNING**  
**START** ON YOUR  
COLLEGE CAREER



EARN **HIGH SCHOOL AND**  
**COLLEGE CREDIT**  
SIMULTANEOUSLY



<http://runningstart.ewu.edu>

# IMPORTANT THINGS TO CONSIDER

**Thinking about enrolling in the Running Start Program?** Here are some important points for you and your family to consider before you register.

## MATURITY IS ESSENTIAL

You must be responsible and have the discipline to handle the independence and fast pace of college classes. The University is an adult environment in which there is great age diversity.

## STUDENTS PAY FOR BOOKS AND LAB FEES

Book prices can range from \$40 to \$125 each; lab fees run from \$5 to \$40 per class.

## TRANSPORTATION IS YOUR RESPONSIBILITY

A dependable means of transportation is essential. Spokane Transit operates frequent bus service between Cheney and Spokane. Travel and parking time should be considered when scheduling classes.

## CREDIT TRANSFERS TO MOST COLLEGES AND UNIVERSITIES

EWU credits transfer to virtually all public universities and most private colleges inside the state of Washington. Outside the state transfer credit is awarded on a college-by-college basis.

## ENROLLING IS A PERSONAL DECISION

Success requires highly motivated individuals who take initiative, possess good study skills and can complete assignments on time. It is recommended that students considering the Running Start Program discuss this decision carefully with their parents or guardians and high school counselors. All grades and credits earned in Running Start become part of the student's permanent cumulative college transcript. If you become a Running Start student and then withdraw from EWU, you may return to your local public high school.



# How Do I Apply?

The Running Start application process may be completed in four easy steps:

1. Contact your high school counselor to determine your class requirements for graduation. Private and homeschooled students may enroll in the school district for the sole purpose of enrolling in Running Start, based on district grade level eligibility.
2. Complete the Running Start application form. The form is available online at <http://runningstart.ewu.edu>, from your high school counselor or by calling (509) 359-6155. Send the completed application and a current high school transcript to the EWU Running Start Office. Send a copy of SAT and/or ACT scores, if available. Review of applications for fall quarter begins March 1. There is no application fee.
3. Receive your Running Start acceptance letter. You will be notified that your file is complete and you have been admitted to Running Start at EWU! The letter will identify any additional steps needed for admission (i.e., placement testing) and will instruct you to call the Running Start Office for an appointment.
4. Meet with a Running Start advisor at EWU to complete the Course Recommendation form. The Running Start Program team will assist qualified students with registration for classes.

Most Running Start students apply by March 1 for the upcoming academic year, which begins with the fall quarter. However, continuous enrollment is available with approval from your high school.



# SAMPLE FIRST-YEAR SCHEDULE

FALL QUARTER	WINTER QUARTER	SPRING QUARTER
English 101	Govt 100	English 170
History 110	History 216	Psych 100
Math or Science	Math or Science	Math or Science
Fast Fitness	Swing Dance	Yoga

EASTERN WASHINGTON UNIVERSITY



# QUESTIONS?

Call: (509) 359-6155  
Visit: <http://runningstart.ewu.edu>  
Mail: **RUNNING START PROGRAM**  
Eastern Washington University  
120 Showalter Hall  
Cheney, WA 99004-2444

