Master of Science in PHYSICAL EDUCATION

Why obtain a Masters in Physical Education?
The Physical Education program prepares students for a diverse array of careers; these areas include but are not limited to: athletic administration, teaching and coaching, directing fitness facilities and programs in a variety of settings, and sport psychology consultation services. Additionally, the degree is applicable to those students interested in pursuing advanced graduate studies in related areas. Our program encourages a collegial environment in which students and faculty mentors work together on professional development activities throughout the program. Internships help students gain valuable ‘real-world’ experiences in their chosen specialization.

What types of Career Opportunities are available?
Graduates of this program are employed in a variety of positions related to their chosen area of specialization. Collegiate coaching positions often require a master’s degree, as do directorships of fitness and wellness programs, clinical exercise or cardiac rehabilitation programs, and professional strength and conditioning positions.

Knowledge and Skills
The program fosters critical thought, problem solving skills, and reflective thinking. Students will develop skills in oral and written communication, and will gain experience designing, conducting, and reporting scholarly work. This program also helps students develop collaborative and group interaction skills. The program supports students’ growth in personal character through offering opportunities to demonstrate responsibility, integrity, self-discipline, creativity, and persistence. Specific knowledge and skills vary by specialization area and may include preparation for professional certifications.

Curriculum
This program provides an opportunity for students to focus on two areas of specialization: Sports and recreation administration, and exercise science. All students are required to take core classes in their first year that are common to all specializations. Each specialization area has additional classes and electives that complete the degree program. The program requires a minimum of 48 credit hours for graduation. Degree requirements are organized in 2 parts, the general core requirements (21-24 credits) and additional courses in one of three specialization tracks (24-27 credits). A thesis is required of exercise science students. All the other specializations offer the option of a thesis or research report to complete the degree. Internship experience is required for administration/pedagogy students.

For Further Information
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Or
Contact PEHR Department
509-359-7961

Web site www.ewu.edu/pehr
Basic Core Requirements and Credit Hours (24 Total Credits)

PHED 505 Current Issues Seminar (3 Credits)
PHED 506 Socio-cultural Studies in Physical Activity (3 Credits)
Prerequisite: A general sociology course and PHED 250 or permission of the instructor
PHED 518 Review of Literature (3 Credits)
PHED 519 Advanced Statistics (3 Credits)
PHED 520 Research Methods in Physical Education (3 Credits)
Prerequisite:
PHED 600 – Thesis (9 Credits)

Track Requirements (24)

PHED 550 – Advanced Biomechanics (3 Credits)
Prerequisites: PHED 252 or an equivalent undergraduate kinesiology course.
PHED 555 – Advanced Physiology of Exercise (3 Credits)
Prerequisites: PHED 249 and 250.
PHED 556 – Advanced Cardiovascular Physiology (3 Credits)
Prerequisite: EXSC 480 or equivalent.
PHED 598 – Seminar – Exercise Science (3 Credits)
Approved electives – (12 Credits)

Special Features
Each of the faculty is committed to making the students’ graduate experience exceptional and to provide it with the educational experiences and opportunities best suited for each individual’s career goals.

Our faculty backgrounds are diverse, with many professors conducting research, working in community and public-sector projects, serving as officers of important professional societies, and being involved in the local public school systems. The Physical Education, Health and Recreation Department graduate faculty is actively involved in their professions at all levels, and this involvement will greatly enhance the students’ educational experience.

Our department houses a state-of-the-art Human Performance Laboratory fully equipped for conducting research in exercise and sport science. Graduate Assistantships are available on a competitive basis and offer full in-state tuition waivers with accompanying stipends.

Preparation for Graduate Admissions
Prospective students should hold a related baccalaureate degree in a related field from an accredited institution. Applicants for admission to the Graduate Program in Physical Education must follow the admission procedures as outlined elsewhere in this catalog. In addition, applicants are required to submit three professional letters of recommendation and 1-2 page statement of professional goals and objectives. Students are admitted as a cohort for fall quarter only; requests for admittance in other academic quarters are discouraged. Students interested in Graduate Assistantships must submit completed application materials by March 1st for Fall admission consideration. Please visit our Graduate Program Website at: www.ewu.edu/pehr

Prospective students of EWU can apply online via http://www.ewu.edu/grad or contact the Admissions Department to request an application. Their number is (509) 359-2397