EWU's Department of Physical Education, Health and Recreation offers distance & extended learning courses to help professionals in Therapeutic Recreation reach their education goals in the least restrictive environment.

Seven upper-division courses are available: Five are theory based and deal exclusively with Therapeutic Recreation content and two are theory based and deal with General Recreation content.

### THERAPEUTIC RECREATION
- Professional Issues in Therapeutic Recreation
- Processes and Techniques in Therapeutic Recreation
- Assessment Techniques in Therapeutic Recreation
- Supervision of Therapeutic Recreation Services
- Program Planning and Evaluation in Therapeutic Recreation

### GENERAL RECREATION
- Legal Foundations in Recreation & Leisure Services
- Administration/Organization/Supervision in Recreation & Leisure Services

### COURSE FORMAT
The courses will be a combination of text and journal readings, assignments, abstracts and examinations. Your instructor will work with you on an individual basis to enhance your learning experience. Students will have four quarters to complete each course and may begin a course any time during the year.

### COURSE DESCRIPTIONS AND TEXTBOOKS – Therapeutic Recreation
#### Professional Issues in Therapeutic Recreation
RCLS 440 4 cr
The purpose of this course is to help the student develop an understanding and appreciation for the major trends, issues and events impacting the profession of therapeutic recreation.

- **TOPICS COVERED**
  - Ethical standards in therapeutic recreation practice
  - Credentialed process as it relates to therapeutic recreation
  - Therapeutic recreation standards of practice
  - Development and use of intervention protocol therapeutic recreation
  - Quality assurance and its role in the practice of therapeutic recreation
  - Guidelines for the administration of therapeutic recreation services

- **Text:**  – *Professional Issues in Therapeutic Recreation: On Competence and Outcomes, 2009 edition*

#### Processes and Techniques in Therapeutic Recreation
RCLS 445 4 cr
This course is designed to assist the therapeutic recreation student in the development and mastery of the skills, attitudes and knowledge required to attain the competencies necessary to become a certified therapeutic recreation specialist.

- **TOPICS COVERED**
  - Theory and therapies
  - Role of the therapist in the practice of therapeutic recreation
  - Role of communication skills
  - Leadership theory and techniques
  - Health and safety considerations
Assessment Techniques in Therapeutic Recreation
RCLS 450  4 cr
The purpose of this course is to help the student understand the theory of assessment and be able to choose an assessment that meets the needs of their agency.

TOPICS COVERED
• Theory of assessment
• Development of an assessment tool
• Evaluation of existing tools
• To choose a standardized assessment tool for agency
• Interpret the results of assessments
• Utilization of information of treatment plans

Text: -- *Assessment Tools for Recreation Therapy & Related Fields*

Supervision of Therapeutic Recreation Services
RCLS 460  4 cr
This course will act as an introduction to the concepts, theories, and practices of effective supervision in today’s health and human service delivery system. A variety of topics will be covered including; supervisor/supervisee conflict, developing an effective relationship as a supervisor, staffing issues in a TR setting, and many others.

Text:-- *Effective Management In Therapeutic Recreation*

Program Planning and Evaluation in Therapeutic Recreation
RCLS 420  4 cr
This course is designed for the therapeutic recreation student or professional who knows the underlying principles of their profession and wishes to develop the competencies that will enable them to be effective programmers. In addition, this course is designed to assist in the development and mastery of the skills, attitudes and competencies necessary to become a certified therapeutic recreation specialist.

TOPICS COVERED
• Systems theory
• Development of both comprehensive and specific programs
• Program evaluation
• Activity analysis
• Assessment

Text: -- *Therapeutic Recreation Program Design: Principles and Procedures*

COURSES AND TEXTBOOKS – General Recreation

Legal Foundations in Recreation & Leisure Services
RCLS 400  4cr
Text: -- *Legal Liability in Recreation and Sports*

Administration/Organization/Supervision in Recreation and Leisure Services
RCLS 470  4cr
Text:-- *Fundamentals of Management*

To Register for Distance & Extended Learning Courses:
Complete and return the Registration Form (See Address on Registration Form)

To Order Textbooks
An order form will be included with your registration information. *(Separate payment required for textbooks.)*
Course Materials
Upon receipt of official registration, tuition, and textbook payment, the course materials and text will be mailed to you.

Note: According to the NCTRC you are able to take more than three courses with Therapeutic Recreation Content toward the requirement of seven classes. These would also be excellent classes for those who need continuing education units for recertification.

Questions? Contact: Dr. John Cogley
Telephone: (509) 993-7430
FAX: (509) 359-4833
E-Mail: jcogley@ewu.edu