Climb Time – Course Syllabus
PHED 125

Course Description
Activity course designed to promote physical activity, fitness and climbing competencies through regular use of the EWU/EPIC Adventures Climbing Wall

Contact Information
Instructor: Various
Coordinators: Various

Grading & Evaluation
1. Total hours logged will be divided by 5 to determine the students’ grade

<table>
<thead>
<tr>
<th>Attendance</th>
<th>Grade</th>
<th>Attendance</th>
<th>Grade</th>
</tr>
</thead>
<tbody>
<tr>
<td>20 hours</td>
<td>4.0</td>
<td>10 hours</td>
<td>2.0 (pass)</td>
</tr>
<tr>
<td>15 hours</td>
<td>3.0</td>
<td>1 – 10 hours</td>
<td>0.0 (no credit)</td>
</tr>
</tbody>
</table>

2. First-time students will not be allowed to log hours until Climb Time introduction is completed.
3. Failure to complete the introduction assignment = 4 hour deduction from logged total.
4. Failure to complete post-evaluation = 4 hour deduction from logged total.
5. Incomplete grades are not given for PHED 125 for any reason.
6. If student is enrolled in both PHED 125 and any other academic climbing course, hours logged for other classes may not be counted for climb time hours.
7. Climb Time students may count Wall hours that are logged during non-academic training such as belay certification class or lead climbing class.

LOGGED HOURS CRITERIA:
In order to receive credit for logging hours the following criteria must be met:
- The climbing session must last a minimum of 30 minutes
- Students are allowed a maximum of 2 hours per day.
- Students are allowed a maximum of 4 hours per week.
- It is the student’s responsibility to track visit time and ensure log in/outs are successful.

PHED 125 COURSE REQUIREMENTS:
All Climb Time Students must check in and check out at the kiosk!!

1. **Logged Hours** – Students log-in and log-out at kiosk to record session hours. It is the students’ responsibility to ensure the log in is counted as PEHR class time. This must be communicated to the staff creating the log in. The student is also responsible for the log out. This must be communicated to the staff member conducting the log out.

2. **New students – Introduction** Course syllabus can be found on Blackboard. New students must go through the Climb Time program Introduction, prior to first workout. This can be arranged by contacting the instructor.

3. **New students – Workbook** – Students must complete the Introduction questions in Climb Time workbook (available on blackboard: week 3) Failure to complete workbook by due date will lead to a 4 hour deduction; 50% or more incorrect on assignment = incomplete (4 hour deduction). Due date will be posted with assignment during week 3.

4. **All students** - Will complete course evaluation. Due: June 4 (post evaluations will not be accepted after this date). Failure to complete the evaluation will lead to a 4 hour deduction.

**STUDENT ID CARDS:**
All students must bring their current Eagle Card with them to access the URC Fitness Center. Failure to bring this card will result in no access to URC Fitness Center and loss of workout.
** All students are responsible for creating a blackboard account **

### Due Dates

**Week 1 and 2**
**Introductions**
Through arrangement with instructor, coordinators or posted times.

**Week 2**
**Workbook Posted (available on blackboard*)**
Required for All students

**Last Thursday of Quarter**
**Course evaluation Due (available on blackboard*)**
Required for ALL students

**Last Thursday of Quarter**
Last day for grade requirements

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### Cheating Policy

If a student is caught cheating in the course (i.e. scanning in the computer and leaving the facility, scanning in and not climbing, or using another individual's Eagle card) the following will occur: First occurrence is a .5 grade deduction. Second occurrence is a 1.0 grade deduction. Third occurrence is a 0.0 grade in the course. Cheating in this course will not be tolerated and policies will be enforced by fitness instructors.

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### INJURY/ILLNESS:

Students who become injured or ill during the quarter need to inform the instructor immediately (359-4015). Medical documentation from a physician must be presented if seeking excused absence. This documentation must state the injury/illness, the exercise limitations, and the expected length of time until full participation will be allowed (a maximum of 3 weeks of inactivity will be accepted upon physician’s approval).

### INSURANCE:

Eastern Washington University and the Department of Physical Education, Health and Recreation does not carry insurance covering students for health, accident or injury should it occur within a class or activity setting. Students are fully responsible for any costs incurred as a result of illness and/or injury in the Physical Education, Health and Recreation program at EWU. The responsibility for obtaining insurance rests with the student, parent or guardian.

### SPECIAL NEEDS:

Persons with special needs may obtain personalized instruction upon request. Contact instructor: 359-4015.

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I have read the course syllabus for PHED 125-23 and agree to abide by the policies outlined therein. I understand that I will receive no course credit for any work associated with this course if I do not sign this statement.

___________________________________________  ___________________
NAME (print)                                          DATE

___________________________________________
SIGNATURE