

Therapeutic Recreation

Professional and Continuing Education

EWU's Department of Physical Education, Health and Recreation offers distance and extended learning courses to help professionals in **Therapeutic Recreation** reach their education goals in the least restrictive environment.

Seven upper-division courses are available: five are theory-based and deal exclusively with **Therapeutic Recreation** content and two are theory-based and deal with **General Recreation** content.

Therapeutic Recreation

- Program Planning and Evaluation in Therapeutic Recreation
- Professional Issues in Therapeutic Recreation
- Processes and Techniques in Therapeutic Recreation
- Assessment Techniques in Therapeutic Recreation
- Supervision of Therapeutic Recreation Services

General Recreation

- Legal Foundations in Recreation & Leisure Services
- Administration/Organization/Supervision in Recreation & Leisure Services

Course Format

The courses will be a combination of text and journal readings, assignments, abstracts and examinations. Your instructor will work with you on an individual basis to enhance your learning experience. Students will have four quarters to complete each course and may begin a course any time during the year.

Course Descriptions - Therapeutic Recreation

RCLS 420 Program Planning and Evaluation in Therapeutic Recreation 4 Credits

This course is designed for the therapeutic recreation student or professional who knows the underlying principles of their profession and wishes to develop the competencies that will enable them to be effective programmers. In addition, this course is designed to assist in the development and mastery of the skills, attitudes and competencies necessary to become a certified therapeutic recreation specialist.

Topics Covered

- Systems theory
- Development of both comprehensive and specific programs
- Program evaluation
- Activity analysis
- Assessment

RCLS 440 Professional Issues in Therapeutic Recreation 4 Credits

The purpose of this course is to help the student develop an understanding and appreciation for the major trends, issues and events impacting the profession of therapeutic recreation.

Topics Covered

- Ethical standards in therapeutic recreation practice
- Credentialing process as it relates to therapeutic recreation
- Therapeutic recreation standards of practice
- Development and use of intervention protocol therapeutic recreation
- Quality assurance and its role in the practice of therapeutic recreation
- Guidelines for the administration of therapeutic recreation services

RCLS 445 Processes and Techniques in Therapeutic Recreation 4 Credits

This course is designed to assist the therapeutic recreation student in the development and mastery of the skills, attitudes and knowledge required to attain the competencies necessary to become a certified therapeutic recreation specialist.

Topics Covered

- Theory and therapies
- Role of the therapist in the practice of therapeutic recreation
- Role of communication skills
- Leadership theory and techniques
- Health and safety considerations

RCLS 450 Assessment Techniques in Therapeutic Recreation 4 Credits

The purpose of this course is to help the student understand the theory of assessment and be able to choose an assessment that meets the needs of their agency.

Topics Covered

- Theory of assessment
- Development of an assessment tool
- Evaluation of existing tools
- To choose a standardized assessment tool for agency
- Interpret the results of assessments
- Utilization of information of treatment plans

RCLS 460 Supervision of Therapeutic Recreation Services 4 Credits

This course will act as an introduction to the concepts, theories and practices of effective supervision in today's health and human service delivery system. A variety of topics will be covered including: supervisory/supervisee conflict, developing an effective relationship as a supervisor, staffing issues in a TR setting, and many others.

Course Descriptions - General Recreation

RCLS 400 Legal Foundations in Recreation & Leisure Services 4 Credits

This course includes the major considerations necessary to comply with legal safeguards in the leisure service profession.

RCLS 470 Administration/Organization/Supervision in Recreation and Leisure Services 4 Credits

Local, state, and federal recreation and park programs; their organization and administration, and their relation to other social institutions; special emphasis on planning, financing and legislative provisions, governmental control, budget, personnel, departmental organization and administrative practices, especially on the local level.

Registering for Professional and Continuing Education Courses

Complete and return the Registration Form to the Office of Professional and Continuing Education.

Textbooks

You can find complete textbook information, including ISBNs, on the Eastern Washington University Bookstore site at bookstore.ewu.edu. You are free to buy or rent your books from any site you choose. For questions regarding texts, contact the EWU Bookstore at 509.359.2826.

Course Materials

Upon receipt of official registration, tuition, and textbook payment, the course materials and text will be emailed to you.

Questions?

Contact Dr. John Cogley
Tel: 509.993.7430
Fax: 509.359.4833
E-mail: jcogley@ewu.edu